Cypress Forest Sports, LLC Pool and Exercise Facility Waiver and Rules

Assumption of Risk and Liability Waiver

All individuals using the pool, pool area, and exercise facility do so at their own risk. Cypress Forest Sports, LLC, including its investors and employees, assumes no responsibility for any accident, injury, loss, or damage to persons or property in connection with the use of these facilities. By entering the premises, you agree not to hold the LLC, its investors, or employees liable for any personal injury, loss, or damage to persons or property.

Membership and Access

1. Only pool members in good standing, aged 18 and over, are permitted to use the pool and exercise facility.
2. Guests are not permitted during the off-season.
3. **During Off-Season:** Individuals under the age of 18 are prohibited from the pool or pool area unless accompanied by a parent or a member aged 18 or older. The exercise facility is strictly for those aged 18 and older.

General Rules and Conduct

1. Management is not responsible for the loss or damage of any personal property.

2. The Pool Management, General Manager, or both, reserve the right to temporarily suspend the privileges of anyone habitually violating these rules or those set forth by the Red Cross. Repeated violations may result in the suspension of pool privileges.

3. Appropriate swimwear is required. Cutoffs, thongs, or offensive attire are not permitted.

4. Non-toilet trained children must wear swim diapers. Disposable diapers are strictly prohibited in the pool.

5. Individuals with colds, coughs, eye inflammation, bandages, infections, open sores, or other conditions that could affect the health and welfare of themselves or others should not use the pool.

6. No intoxicants or intoxicated persons are allowed in the swimming pool or pool area. Patrons violating this rule will be asked to leave.

7. Smoking or vaping is prohibited in the pool area.

8. Food or drinks are not allowed in the pool.

9. Pets are not allowed in the pool area.

10. Entry into the pump/filtration room is strictly prohibited.

11.. Loud music is not permitted on the pool deck to ensure all patrons can hear the lifeguards.

12. Disturbances and profanity are not tolerated. Patrons must not cause a disturbance or annoy other patrons.

13. Loose hair items, such as bobby pins, must be removed before entering the pool.
14. Glass bottles, glitter balloons, or water balloons are not permitted in the pool area.

Safety Considerations

- No running or horseplay.
- Diving is only permitted in the designated dive well.
- Sitting or standing on the shoulders of others is prohibited.
- No backflips.
- No flips off the side of the pool.
- Goggles are not allowed on the diving board.
- Floaties are not allowed on the diving board.

Pool Closures and Weather Protocol

The pool may be closed temporarily at any time due to weather, operational difficulties, or at the Pool Manager's discretion. As a Red Cross Pool, standard weather protocols are followed:

* **Thunder:** A 30-minute waiting period is enforced. The time restarts if thunder continues.
* **Lightning:** A 45-minute wait time is required after the last visible strike.
* All patrons must exit the water and seek shelter under a cabana during lightning.

Hours of Operation

Season	Day	Time
Peak Season	Monday - Thursday	11:00 AM - 7:00 PM
	Friday - Saturday	10:00 AM - 8:00 PM
	Sunday	12:00 PM - 6:00 PM
Off Season	Daily (Swim at your Own Risk)	6:00 AM - 4:30 PM

Note: During the Off Season, NO ONE UNDER 18 is allowed in the pool area.

EMERGENCY CONTACT: CALL 911

Management Contacts

- Pool Manager: Angie Dufrene
  - Contact Info: grandridge.swim@gmail.com
- General Manager: Tami Cooper
  - grandridge.manager@gmail.com

POOL AND FACILITY RULES ACKNOWLEDGEMENT

I acknowledge and agree to adhere strictly to all Pool and Exercise Facility Rules. I understand that any violation of these rules may lead to the immediate and complete termination of my access privileges. Furthermore, I recognize that an assessment violation fee may be charged to my account for each instance of non-compliance.

I fully comprehend that use of the Grand Ridge Golf Club swimming pool is entirely at my own risk, and that **NO LIFEGUARD IS ON DUTY**.

Print Name: _____
Signature: _____
Date: _____

Print Name: _____
Signature: _____
Date: _____

GRAND RIDGE GOLF CLUB POOL AND EXERCISE FACILITY WAIVER AND RELEASE OF LIABILITY

By utilizing the Grand Ridge Golf Club swimming pool and/or exercise facility, I acknowledge and agree to the following terms, effective for the year 2026:

ASSUMPTION OF RISK:

- I understand and agree that my use of the facilities is on a **SWIM AND EXERCISE AT MY OWN RISK BASIS.**
- I acknowledge that there is **NO LIFEGUARD OR TRAINER** on duty.
- I am fully aware of the dangers and risks associated with using the swimming pool without a lifeguard, including, but not limited to, the possibility of serious disabling injury, injury from others, and the risk of **DEATH BY DROWNING.**
- I am voluntarily participating in the use of the swimming pool and/or exercise facility with full knowledge and acceptance of these dangers.

RELEASE OF LIABILITY:

- I, for myself, my heirs, and assignees, expressly **WAIVE AND RELEASE** Cypress Forest Sports, LLC, and any of their affiliates, investors, and employees from any and all claims, demands, and causes of action, including those arising from **ordinary negligence**, now or in the future.
- This release applies to any injury or loss of property I may suffer as a result of my use of the Grand Ridge Golf Club swimming pool or exercise facility for any reason whatsoever.
- This release specifically covers my use of the swimming pool on a **SWIM AT YOUR OWN RISK BASIS AND WITHOUT THE BENEFIT OF A LIFEGUARD.**

By signing below, I certify that I have read and fully understand this Waiver and Release of Liability.

Print Name: _____Date: _____

Signature: _____Date: _____